

"You will keep whoever's mind is steadfast in perfect peace, because he trusts in you." (Isaiah 26:3)

Mind is a spiritual element that connects soul and physical memory system. It is a processor of thoughts. Thoughts can be generated inside from the heart or may be received from eternal sources.

Following are the source of thoughts for the mind:

- 1) God
- 2) Satan
- 3) Fellow humans



What is the role of mind in Salvation process?

As it is understood, Salvation is the saving (insurance) scheme of God, which is given for our "spirit" and "soul." It is the spiritual life that God almighty wants to restore in every one of us for His glory. Man and woman should understand that God has a purpose in their life. We are not accidently there as Darwin's theory has been saying. God has done a systematic research on earthly materials, mechanics of physical systems, flesh behavior, non-living substance to living tissues, water to blood transformation, two-in-one life system (Spiritual life in physical system) etc. And for man to understand God, it is an impossible task. We read in Luke 1:37

'For God, nothing is impossible.'

However, God cannot perform where there is no faith on His words. Words are the basic building blocks for our thoughts. A thought is the basis of spiritual living. Since, we, the humans generate thoughts, we are the spiritual creatures. The functionality of a human system is spiritual, that is why it is accountable. Mind plays a key role in this spiritual living. For the seasonal physical life, we have age but spiritual is eternal. When we try to estimate materials' age in seasonal time, it will always result in millions and billions only because these materials are created by eternal God. Let us see for what God has given us the mind.

Mind decides

- ✤ Whether a thought must be acknowledged / or received
- Whether a thought must be processed or not
- What kind of feelings need to be fused with the thought in order to create an image/images
- When to process the received thought
- Coupled or uncoupled image processing(single character/multiple characters)
- To execute it in virtual world or in real world with single character single image/personality or multiple characters multiple images/personalities

Therefore, it is very clear that the mind is an important spiritual element, which either regulates the spiritual system on a stable mode or makes it unstable. <u>Why?</u> Because, the decision making ability or potential lies with mind. It has the freewill to choose what the Spirit, Soul and Heart want to have. As we know, heart represents the physical system in human life. Mind is a vector element not a scalar. <u>How do we know?</u> Thinking is a mind field; it has an amplitude, phase and frequency. Here the phase of an information shows the direction of our thinking.



The phase of the information builds either a positive energy or negative energy. As mind cannot store these energies permanently, it passes these energies in to the heart. That's why we feel either

♣ heavy if the energy is negative (stressed condition)

↓ light if the energy is positive (stress free condition)

A Spiritual energy (Spirit) dwells in the human heart. It is a dynamic energy, as the breathing cycle moves it. Mind while processing a thought, temporarily keeps the processed image in the heart; afterwards it transforms this image into brain (physical storage domain) and to the Spirit (Spiritual storage domain).

Brain - Physical memory to function on the earth

Spirit - Spiritual memory to receive judgment from God

Image is an executable command, it contains energy in it. But remember, word(s) is the basic source that builds the image.

A thought contains words, received by mind. An image consists of processed words, with appropriate feelings and energy in it.

Can we able to control our mind?

Since mind is a receiver and processor of thoughts, it can be controlled **through proper training**. Remember training is a process, which sets the procedures or standards. God has set the standards for our mind to get trained according to His thoughts. His words are His thoughts. If we use His words and process them, we certainly build His image. In scriptures, for example any where we read and process His words, we build God's image i.e., Jesus Christ. And interestingly we find God is

- Righteous
- Truthful
- Justice
- Mighty
- Humble
- Patience
- Graceful
- Merciful etc.

No word(s) of God bring Spiritual illness to anybody; rather every God's word heals the mind and heart, the two important elements in the thought life system (the likeness of God).

Spirit + Soul = Image of God Thought + Life = Likeness of God



The sinful world has also developed various methodologies to train the mind; but these procedures help only to relieve the stress in the mind and the heart. And they do not format the spirit to have a new heart (new words) and mind (new thinking) to build righteous characters. The sinful nature continues even after practicing such methodology (for example yoga, mental exercise).

Homogeneity and Heterogeneity in Thinking

In today's world, mostly none of our thinking matches with the other person. <u>Why?</u> If we take any man made product, they (same brand, for example SONY television) posses almost same qualities and performance. Then, why God made humans behave differently. Our thinking is heterogeneous; as the result we are different societies today. Within a family, hardly we find any homogeneity in our thinking among brothers and sisters.

What went wrong with us?

GOD's purpose for the earth is really wonderful. God wants the earth to be filled with happy and healthy people. The Bible says that "God planted a garden in Eden" and that he "made to grow... every tree desirable to one's sight and good for food." After God created the first man and woman, Adam and Eve, He put them in that lovely home and told them: "Be fruitful and become many and fill the earth and subdue it." (Genesis



1:28; 2:8, 9, 15). God wanted the first man and woman to display their spiritual ability. Ability is performance; and the performance is the result of a work. Adam and Eve were given a Spiritual mission, in which they had to defeat a Spiritual enemy, i.e. enemy to their Spiritual life. Indeed, Adam and Eve were leading a Spiritual life inside the Garden of Eden. Satan (the one who is misleading the entire inhabited earth) came to Eden to destroy their Spiritual life. In John 10:10, we read the thief comes to steal and destroy our Spiritual

life. Even today, Satan's prime motive is to destroy our Spiritual life (Prayerful life: **Prayer connects our Spirit with God's Holy Spirit**).

Why does Satan want to destroy our relation with true living God ?

When God creates a life on the earth, it becomes His child. The child will be anointed as an angel of peace once it accepts Christ Jesus as Savior (Father of Spiritual life). This anointed child of Christ will replace a fallen, rebellious angel, who is living with Satan. Therefore, Satan's survival lies with our decision to either get back to God or spend



lavishly our life on the earth without understanding the purpose of our stay here. When Satan (the devil) destroyed the spiritual life of Adam and Eve, (Genesis 2:17; 3:6) they could not think together or simply their thinking became independent, selfish motivated, fearful, logical. As a result, when they were multiplied, they could not maintain any spirituality in their products (offspring). Every child is unique in building their own image or photocopies some inspired image(s).

But God wants us to rebuild His image in us; Jesus Christ is the image of the invisible God. That means, we all have to build Jesus in us. <u>How?</u> God's word can do that in us. Developing thoughts, according to God's word will help us to do that job. In simple words, every one of us must develop the characteristics of the spirit (Galatians 5:22, 23). God is Spirit and Jesus has been lifted up to the heaven in Spirit (1 Peter 3:18; 1 Timothy 3: 16). The earth is filled with God's glory so we are multiplied all over the earth. When every one of us become God's child and build the image of God i.e. Christ Jesus, we become glory to God. Homogeneity is possible only in Spirit not in flesh as it resembles our parents. The family of Jesus Christ is the homogeneous one. If the thinking to be homogeneous, we need Christ's spirit, because thinking is spiritual activity. Most of us think every second without knowing our spiritual life. Eve started thinking without knowing her physical life. Her physical life later had full of sufferings and pains. Today if we think of being physical without understanding our spiritual life, then the spiritual life we will receive on God's judgment day would be painful, i.e. everlasting eternal death.

Learn about Spiritual Life

Today, human grossly understands that his spiritual life is a religious one. Remember either God, or His Son Jesus Christ is not a religious personality. They are our creator (God) and Savior (Jesus), respectively.

What's Spiritual Life?

The Lord works from the inside out. The world works from the outside in. *The world would take people out of the slums.* Christ takes the slums out of people, and then they take themselves out of the slums. The world would mold men by changing their environment. Christ changes men, who then change their environment. The world would shape human behavior; EZRA TAFT BENSON But Christ can change human nature.

Fruits are our Characters

Family of Jesus Christ Ministries, Bangalore, India



A life is spiritually alive, only if it is God centered and God dependent. That is following (practicing) God's word. Otherwise it is just religious. Renewing the spiritual dimension provides leadership to our life. The spiritual dimension is our core, our center, our commitment to the valuable system. It's a very private area of our life and a supremely important one. It draws upon the sources that inspire and uplift us and tie us to the timeless truths of all humanity. If we have a deep understanding of our spiritual center and its purpose, then we can review and recommit ourselves to it frequently. In our daily spiritual renewal, we can visualize and "live out" the events of the day in harmony with those values.

David O. McKay said: "**The greatest battles of life are fought out daily in the silent chambers of the soul**." If you win the battles there, if you settle the issues that inwardly conflict, you feel a sense of peace, a sense of knowing what you're about. And you'll find good of other people, and to be genuinely happy for other people's successes- your success will follow naturally.

People claim that every faith is good and they talk about heaven, hell, judgment etc. But one must understand that a spiritual life witnesses the truth. Jesus said to Pilate that He came to witness the truth. Paul writes "Know the truth, that truth shall let you free."

What is that TRUTH?

We are created in the image of God. And John writes (1 John 5:6) that the Spirit witnesses that truth. Yes, when we are born again in Christ and receive the Holy Spirit, the Spirit of God witnesses this truth to the world and to the heaven. If we direct our mind to hear God's word, salvation begins. Reformation then starts in our heart. Let us not undervalue God's salvation plan. As we are living in a seasonal world, where for everything there is a value. God gave His only Son Jesus Christ as a ransom to all our disobediences. So let us stop thinking that there is no value our life has after this seasonal stay. The real truth is to follow this seasonal 70 to 80 years or more so. God is good always; His unconditional love is made available to all of us. There is absolutely no need to shy and feel guilty what so ever we have done. Just let us go and say to Jesus: Sorry Lord, I am very sorry, please take me back into your arms. He is truthful and faithful; He will spiritually make us one in Him.

Amen, Praise the Lord.